

Sussex County ASA

Championship Consideration Times for 2010

All events at K2 Crawley

27/28th February and 20/21st March 25m pool

14th Feb. & 7th March 50m pool

Boys Age Groups

Age qualifying date 21st March 2010, the last day of the Championships

Girls Age Groups

9	10	11	12	13	14	15	16+		9	10	11	12	13	14	15+
46.90	43.60	41.20						50m Back	47.30	43.80					
53.20	49.60	46.50						50m Breast	54.20	50.00					
45.90	42.40	39.60						50m Fly	46.50	42.40					
40.70	38.00	35.90						50m Free	41.10	38.50					
		@	1.22.5	1.17.30	1.13.00	1.09.80	1.07.80	100m Back		*@*	1.28.10	1.22.70	1.19.20	1.17.00	1.15.30
		@	1.33.80	1.27.40	1.22.70	1.19.10	1.16.60	100m Breast		*@*	1.40.20	1.34.40	1.29.80	1.26.50	1.25.10
		@	1.22.00	1.16.70	1.12.30	1.09.00	1.07.30	100m Fly		*@*	1.28.00	1.22.40	1.19.00	1.16.30	1.15.10
		@	1.13.20	1.08.90	1.05.40	1.03.10	1.01.20	100m Free		*@*	1.18.70	1.14.30	1.11.50	1.09.50	1.08.30
1.43.80	1.36.20	1.30.90	1.26.00	1.20.70	1.16.00	1.12.90	1.10.30	100m I.M.	1.45.30	1.35.10	1.31.30	1.26.40	1.22.60	1.20.60	1.19.10
3.36.70	3.19.70	3.06.90	2.56.50	2.45.90	2.37.00	2.30.40	2.26.50	200m Back	3.38.80	3.21.80	3.06.30	2.56.30	2.49.60	2.44.80	2.41.10
4.09.20	3.51.20	3.35.10	3.22.50	3.09.50	2.58.90	2.51.50	2.47.00	200m Breast	4.11.70	3.51.50	3.34.20	3.22.40	3.12.80	3.06.70	3.03.05
4.00.00	3.30.40	3.11.70	3.00.80	2.49.50	2.40.10	2.31.80	2.28.30	200m Fly	4.03.60	3.32.80	3.13.90	3.00.70	2.52.60	2.46.70	2.43.00
3.15.70	2.59.30	2.48.80	2.39.10	2.30.10	2.22.50	2.17.20	2.13.20	200m Free	3.17.60	3.00.40	2.49.60	2.39.90	2.33.60	2.29.60	2.26.60
***	3.25.10	3.11.00	3.00.50	2.50.40	2.40.70	2.34.30	2.30.30	200m I.M.	***	3.25.60	3.11.40	3.00.60	2.53.80	2.48.70	2.45.50
***	6.18.00	5.53.30	5.34.00	5.16.40	5.01.50			400m Free	***	6.22.20	5.52.90	5.33.00	5.20.50		
***	7.20.20	6.45.50	6.20.90	6.00.40	5.40.60			400m I.M.	***	7.19.70	6.43.60	6.19.90	6.03.90		
	***	12.28.40	11.41.10	11.01.80	10.31.30	10.08.40	9.51.20	800m Free		***	12.09.50	11.29.30	10.58.30	10.40.80	10.30.70
	***	23.50.50	22.01.70	20.52.80	19.55.50	19.13.80	18.21.90	1500m F/s		***	23.27.70	22.10.00	21.10.10	20.51.70	20.22.60

*** No specific swim is provided for this age group but swimmers who can achieve the time for the age group above may swim.

Mens Championship

Ladies Championship

	Junior	Senior		Junior	Senior
50m Back	33.10	31.50	100m I.M.	1.12.90	1.09.00
50m Brst	36.80	35.00	200m Back	2.30.40	2.24.00
50m Fly	31.70	30.10	200m Brst	2.51.50	2.43.00
50m Free	29.10	27.80	200m Fly	2.31.80	2.23.90
100m Back	1.09.80	1.05.60	200m Free	2.17.20	2.11.10
100m Brst	1.19.10	1.15.10	200m I.M.	2.34.30	2.27.30
100m Fly	1.09.00	1.05.60	400m Free	4.50.10	4.36.70
100m Free	1.03.10	1.00.00	400m I.M.	5.26.40	5.12.20

	Junior	Senior		Junior	Senior
50m Back	36.30	34.30	100m I.M.	1.20.60	1.17.20
50m Brst	40.10	37.90	200m Back	2.44.80	2.37.20
50m Fly	34.70	32.90	200m Brst	3.06.70	3.00.20
50m Free	32.00	30.30	200m Fly	2.46.70	2.39.30
100m Back	1.17.00	1.12.10	200m Free	2.29.60	2.23.20
100m Brst	1.26.50	1.20.70	200m I.M.	2.48.70	2.42.00
100m Fly	1.16.30	1.11.60	400m Free	5.12.50	5.00.50
100m Free	1.09.50	1.05.00	400m I.M.	5.53.80	5.40.60

There will be 800m Girls & 1500m Boys 14th Feb & Boys 800m and Girls 1500m on 7th March both Open & Junior Championships swum Long Course for NQT opportunity.

For 2010 all Open & Junior Championships will be have FINALS for 50m & 100m event and will be swum HDW for events of 200m and over.

Age Group Championships will have finals for 50m & 100m for each age group. 200m and over events will be HDW.

JUNIORS are age 16 and under

BAGCAT points will be awarded from the heats and medals from the FINALS where appropriate for the events recommended by the ASA for counties.

BAGCAT awards will be given for the first three in each age group 9/14 boys and 9/13 girls for the best aggregate points for the best swim in each category.